

## Satan's Toolbox: False Consciousness & Sinful Desensitization

By David Lee Burris

*As a sociological experiment, 10 monkeys were placed in a large cage. High up at the top of the cage, beyond the reach of the monkeys, were a bunch of bananas. Underneath the bananas was a ladder leading to the bananas. The monkeys hadn't been fed for 12 hours and were extremely hungry. The monkeys immediately spot the bananas and the strongest begins to climb the ladder. As he does, however, a slight electric shock keeps him from ascending the ladder. At the same time that the monkey climbing the ladder gets a shock, the other monkeys on the floor are sprayed with water. The monkey on the ladder scrambles off and all 10 hungry monkeys sit for a time on the floor. Soon, the temptation of the bananas is too great and another monkey begins to climb the ladder. Again, the monkey is met with a slight electric shock as well as the other monkeys being sprayed. Over time, the monkeys learn not to go up the ladder. Now one monkey is removed and a new monkey is introduced to the cage. Spotting the bananas, he heads towards the ladder. The other monkeys, knowing his intention, cut him off and beat him. A second monkey is removed; he is one of the original 10 monkeys and is replaced with a new monkey. Again, the new monkey heads towards the ladder and, again, the other monkeys cut him off and beat him – including the monkey who had never been up the ladder. By the end of the experiment, none of the original monkeys were left. Despite none of them ever experiencing the slight shock, they had all learned not to climb up the ladder for the bananas. – Internet Search Engine*

Psychological Definition of *False Consciousness*: **The holding of false or inaccurate beliefs that are contrary to one's objective interests and that contribute to maintaining social systems, cultural dominance, and the manufacture of popular consent.**

## Circus Training Animals With Incept Limitation: Baby Elephants

*There's an old adage about baby elephants. Circus trainers would tie a rope around a baby elephant's leg and would attach it to a stake in the ground, so that the elephant wouldn't run away. When the elephant grew to be an adult and weighed 12,000 pounds, the same elephant tied to the identical stake in the ground, still believed it couldn't move. The elephant could have easily pulled the stake out of the ground and set itself free, but it was held in place by a limiting belief system.*

*Illusion.* – Internet Search Engine

## Satan Tests & Human Trains to Restrain From Life's Potential

**“I have come that they may have life, and that they may have it more abundantly.” (John 10: 10)**

From the 70's book “Fully Human, Fully Alive” by John Powell:

“By way of a general description, fully alive people are those who are using all of their human faculties, powers, and talents.

**They are using them to the full.** These individuals are fully functioning in their external and internal senses. They are comfortable with and open to the full experience and expression of all human emotions. Such people are vibrantly alive in mind, heart, and will.” (p.11)

“Fully alive people are also alive in their *minds*. They are very much aware of the wisdom in the statement ‘the unreflected life isn't worth living.’ Fully alive people are always thoughtful and reflective. Most of all, perhaps, these people are alive in *will* and *heart*.” (p.12)

***The Misconception Hypothesis.*** “This is the basic assumption on which the reasoning of our ‘vision therapy’ is based. It is called the ‘cognitive’ approach to emotional and mental health because it supposes that cognition (the way we perceive reality) is the basis of emotional reactions and behavior...”

“It further supposes that when faulty or distorted perceptions are eliminated, a person will be enabled to function and live more fully. These misconceptions are distortions in our vision of reality.” (p. 29)

“The first **inherited vision has parts called *self, other people, and life***. There will also be transmitted an attitude toward the physical world in which we live... Finally, in the last category of reality, the child will receive an **inherited vision of *God***... There are two ways that God can be presented. One is very healthy; it will affirm a child and invite him or her to live more fully. The other is unhealthy; it can only threaten a child and diminish his or her prospects for life. In this second, distorted version, God only loves us *conditionally*.” (pgs. 54, 55)

### **Satan Blinders Sinful Behavior to True Christian Consciousness**

**“The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.” (John 10: 10)**

## Psychological Therapeutic Process of Systematic Desensitization

### Method: Counter-Conditioning By Way Of Graduated Exposure

There are several variations of exposure therapy utilized by Satan. These include:

- **In vivo exposure:** Directly facing a sinful object, situation or activity in real life.
- **Imaginal exposure:** Vividly imagining the sinful object, situation or activity.
- **Virtual reality exposure:** In some cases, virtual reality technology can be used to achieve similar results.
- **Interoceptive exposure:** Deliberately bringing on physical sensations that are harmless by themselves, yet linked to the stimuli.

Exposure therapy can also be paced by Satan in different ways. These include:

- **Graded exposure:** The objects, activities or situations of temptation are ranked according to difficulty. They begin with mildly or moderately difficult exposures, then progress to harder ones.
- **Flooding:** Using the exposure sin hierarchy to begin exposure with the most difficult tasks.
- **Systematic desensitization:** In some cases, exposure can be combined with relaxation, entertainment and exercise to make them feel more manageable and to associate the sinful objects, activities or situations with relaxation and entertainment.

Exposure therapy has proved effective for Satan in several ways, including:

- **Habituation:** Over time, people find that their reactions to sinful objects or situations decrease.
- **Extinction:** Exposure can help weaken previously learned associations between sinful objects, activities or situations and bad outcomes.
- **Self-efficacy:** Exposure can help show the sinner that he/she is capable of confronting his/her sinful temptation and can overcome the feelings of anxiety.
- **Emotional processing:** During exposure, the sinner can learn to attach new tolerant beliefs about sinful objects, activities or situations, and can become more comfortable with the sinful experience.

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